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Thomas F. Trainer, M.D.

Board Certified

Orthopedic Surgeon

Thomas F. Trainer, M.D., received his medical degree from Indiana University in 1966 and completed his orthopedic residency at the University of West Virginia in 1971. He has been in practice since 1971, including a tour of duty with the Air Force Medical Corps. Dr. Trainer was affiliated with Hoosier Orthopedics and Sports Medicine from 1973 to 1999 and has been with OrthoIndy since 2000.

Dr. Trainer is a member of the American Academy of Orthopedic Surgeons, the Indiana Orthopedic Society and the American College of Sports Medicine. He has been chairman of the St. Vincent Indianapolis Hospital Orthopedic Surgery Department for 20 years. He is also past president of the Indiana Orthopedic Society. Dr. Trainer is affiliated with St. Vincent Indianapolis and St. Vincent Carmel hospitals.

Dr. Trainer believes he is fortunate to be in orthopedics at a time when procedures such as total joint replacement and arthroscopy were developed and advanced to the present state, where excellent results can be expected with minimal risk. "It is extremely rewarding to follow these patients over the years and hear stories of how their joint replacement has enriched their lives," Dr. Trainer says.

Dr. Trainer and his wife, Jenny, are the proud parents of three grown children. In his free time, Dr. Trainer enjoys golf, writing short stories and poetry, reading and working out. Not many people know that he was a four-year member of the IU football team during his undergraduate years!