

## Preoperative Instructions AM Admission

### Before Your Surgery: UUPP

- Please notify your physician as soon as possible if you become ill before your surgery date, i.e., cold, fever flu, or infection. If you are unable to contact your physician, please call the GYN oncology office at 317-415-6740 or (toll free) 1-888-488-1145 between 8 am and 5 pm, Monday through Friday. After 5 pm or on weekends and holidays, Dr. Sutton can be paged at 1-800-557-5108.
- Your anesthetic management can be influenced by the effect of alcohol and/or nicotine in the body, so please try not to drink alcoholic beverages or smoke 24 hours before your surgery.
- Do not eat or drink anything after midnight the night before surgery, including gum and hard candy.
- If you are on blood pressure or heart medication and you take these in the morning, please take this medication the morning of surgery with a sip of water.
- You may brush your teeth and gargle the morning of your surgery but do not drink any water.
- Bathe or shower the evening before or morning of surgery. Do not apply makeup.
- Do not wear fingernail polish to the hospital the day of surgery and remove acrylic nails from the index fingers.
- Leave jewelry, hair accessories, valuables and large amounts of money at home. Wear loose-fitting, comfortable clothing to the hospital.
- You may bring an overnight bag with personal items for use while you are an inpatient at the hospital. Please bring a bag to put your clothes in after you change into the hospital gown.
- Bring a list of medications (names and doses) with you.
- Do not take aspirin, aspirin products, or anti-inflammatory drugs for 1 week before surgery.
- \_\_\_\_\_ Please give yourself 2 Fleet enemas the evening before surgery. These are disposable, over-the-counter enemas you can buy at the drugstore. Take one enema 1-2 hours before bedtime; wait for results, and then follow with the second enema.
- \_\_\_\_\_ Full bowel prep - follow instructions.
- Arrive 2 hours before the time of surgery. Park in surgery admitting. There is an information desk in the lobby. Stop there if you have any problems or questions with directions.
- Please fill out the patient health profile and bring it to the hospital the day of surgery.