



# 2010 ST.VINCENT COMMUNITY BENEFIT REPORT

ST.VINCENT CLAY HOSPITAL

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THE SPIRIT OF CARING®



*St.Vincent* HEALTH



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### OVERVIEW

St.Vincent Clay Hospital, located in Brazil, Indiana, has been serving Clay County residents since 1928. The 25-bed hospital is designated as a critical access hospital and supports the community's medical needs through inpatient and ambulatory services including surgery, radiology, cardiology, pulmonology, laboratory, speech, physical and occupational therapies. St.Vincent Clay also maintains a 24-hour, physician-staffed emergency department. Medical specialties available at the facility include orthopedics, oncology, ophthalmology, gastroenterology, and podiatry.

St.Vincent Clay is part of St.Vincent Health, a non-profit healthcare system headquartered in Indianapolis, and consisting of 20 health ministries serving 47 counties in Central and Southern Indiana. The mission of each St.Vincent ministry is to provide high quality, holistic healthcare that serves patients and their families in body, mind and spirit, with special attention to the poor and vulnerable. But St.Vincent is committed to improving health, not just healthcare. This means working closely with community partners, including residents, businesses, school systems, local government, and other health and human service providers to identify and address key local needs to improve both quality of life and the health of individuals and communities.

### HOW ST.VINCENT CLAY BENEFITS THE COMMUNITY

In fiscal year 2010, St.Vincent Clay provided \$2,419,774 to improve the health and well-being of its communities. This included a significant commitment to free and reduced cost medical care for the poor and vulnerable. It also reflects extensive resources invested in ensuring 100% access to health care, advocacy for the poor and vulnerable, the promotion of healthy lifestyles, and building stronger and healthier communities.

Annually, St.Vincent Clay provides a report to its communities documenting its investment in community benefit. St.Vincent Clay, in conjunction with its sponsor St.Vincent Health and the Catholic Health Association, takes a conservative approach in determining what expenditures and programs "count" as community benefit, and in quantifying these activities for this report. The report documents the dollars provided in four separate categories described at the right.



### COMMUNITY BENEFIT CATEGORIES

#### TRADITIONAL CHARITY CARE

Traditional Charity Care is defined as the net cost of in-patient and out-patient health care provided to persons who lack the resources to fully pay for their medical care.

#### UNPAID COSTS (SHORTFALL) OF PUBLIC PROGRAMS

Unpaid Costs (Shortfall) of Public Programs includes the net cost of care provided to individuals on Medicaid, Hoosier Healthwise, and other public programs. Note that in keeping with the Catholic Health Association's conservative approach, Medicare shortfall is not included.

#### OTHER PROGRAMS AND SERVICES FOR THE POOR

Other Programs and Services for the Poor is defined as the net cost of donations, activities, or events that specifically serve the poor, including the value of staff time donated by St.Vincent.

#### PROGRAMS AND SERVICES FOR THE BROADER COMMUNITY

Programs and Services for the Broader Community is defined as the net cost of donations, activities, or events that serve the broader community, including the value of staff time donated by St.Vincent.





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### FINANCIAL COMMITMENT

Financial information in this report was prepared in accordance with the reporting guidelines issued jointly by Catholic Health Association (CHA) in collaboration with VHA Inc. and with the Ascension Health community benefit reporting guidelines.

Traditional Charity Care	\$ 938,686
Unpaid Cost of Public Programs	\$ 1,368,648
Other Programs and Services for the Poor	\$ 57,600
Programs for the Broader Community	\$ 54,840
<b>Total:</b>	<b>\$ 2,419,774</b>

\* In addition to the above, St.Vincent Physician Network provided \$17,299 of charity care in Clay County.

### COMMUNITY ASSESSMENT

True community benefit responds to the particular needs and challenges of the community, building on its unique strengths and assets. So in each of its communities, St.Vincent leads or participates in a community roundtable or forum. This group brings together individuals and organizations from throughout the community who share a common interest in improving health status and quality of life. Using a variety of tools, including surveys, key person interviews, focus groups, secondary data, and data analysis professionals, the team identifies community issues and concerns. These are shared with the community at large, and a consensus is reached about priorities and available resources.

Previous assessments in Clay County have identified prescription drug abuse as a major concern in the community. During the last fiscal year, St.Vincent Clay Hospital conducted two events to help educate the community about this issue. The hospital hosted a panel discussion to educate the community about prescription drugs. Then, the hospital launched a “drop-off” campaign, providing a site for the safe disposal of expired and unused prescriptions.

These events were well-attended, and the efforts will continue. St.Vincent Clay Hospital has also begun work on a new community assessment in conjunction with Indiana State University, which will provide technical support and data analysis.

### PROGRAMS SPOTLIGHT

The following programs are just a few of the community benefit initiatives St.Vincent Clay sponsors each year.

#### PATIENT SERVICES FOR POOR AND VULNERABLE

In keeping with its mission, St.Vincent Clay delivers patient services to all individuals requiring health care, without regard to the patient’s race, ethnicity, economic status, insurance status, or ability to pay. Health services for the poor, uninsured/underinsured, and those enrolled in public programs such as Medicaid and Hoosier Healthwise that provide only partial reimbursement, are a significant part of the community benefit provided by St.Vincent Clay.

Patients with income at less than 200% of the Federal Poverty level (FPL) are eligible for 100% charity care for services. Patients with incomes at or above 200% of the FPL, but not exceeding 400% of the FPL, receive discounted services based on an income-dependent sliding scale. Hospital financial counselors/access coordinators assist patients in determining eligibility, completing necessary documentation, and applying for public benefits for which they may qualify. St.Vincent Clay, in conjunction with St.Vincent Health, is committed to 100% access, and is proactive in providing healthcare that leaves no one behind.

#### RURAL AND URBAN ACCESS TO HEALTH

As part of its commitment to 100% access, St.Vincent Clay is one of eight St.Vincent Health ministries that participate in the Rural and Urban Access to Health program. Central to the program is a health access worker who connects the hospital to the community by helping individuals address barriers to health care, and by referring them to other local (continued on next page)





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**(RURAL continued)** resources as needed. The health access worker assists individuals with finding a medical home, applying for public programs such as Medicaid, food stamps, and the Healthy Indiana Plan, and in assessing needs so that referrals can be made for other forms of community-based assistance. The health access worker also advocates for clients with service providers and serves as a system navigator. During fiscal year 2010, the health access worker served 906 individuals, and completed 1,962 referrals to public and private programs.

In addition, St.Vincent Clay's Rural and Urban Access to Health program assists patients who meet income guidelines in obtaining free or reduced-cost prescription drugs. St.Vincent Clay provides a medication assistant who works with a sophisticated and continually-updated database to track eligibility and requirements that vary by company and by medication. In 2010, the medication assistant helped patients obtain a total of 524 medications for which the average wholesale price totaled \$284,736.01.

### STUDENT ATHLETIC TRAINING WORKSHOP

Annually, St.Vincent Clay Hospital offers a student athletic workshop. The two-day athletic training workshop is for students entering grades 9-12 who are interested in learning about being a student athletic trainer, and/or potentially pursuing a career in the athletic training or therapy fields. This workshop introduces students to the

world of sports medicine, teaching them what training and preparation they'll need to enter the field. The workshop is run by a certified and licensed athletic trainer from St.Vincent Clay Hospital, along with guest speakers in the fields of physical therapy, radiology, emergency care, and podiatry. CPR training is also provided during the workshop.

### DIABETES EDUCATION

Diabetes is a major and growing health concern in Central Indiana. If uncontrolled, it can take a significant toll on health and lives. St.Vincent Clay offers a Diabetic Education class – a six-week course held throughout the year, free of charge. Instructors – including a nurse, dietician, physical therapist, and pharmacist – focus on problems associated with living with and managing diabetes. The professional team assists diabetics with gaining a better understanding of their disease, teaching them how to adjust their lifestyles and behaviors to develop diabetes self-management skills that will help them live healthier, longer lives.

### HEALTH CAREERS CAMP

St.Vincent Clay is an integral part of the Health Careers vocational program offered at the local high school. The program allows students to choose from a wide range of healthcare fields, and then spend time learning about the opportunities available in that career path.

This program is often the first introduction young people have to the vast array of career options available in health care. Students are able to rotate through a variety of health career areas, or focus on a specific field to determine a specialty. The experience has been tremendously positive for both students and hospital staff. Students are truly enjoying their time, and hospital associates are renewed by seeing their profession through the eyes of optimistic and excited high school students.



*Nicole Gonzales, St.Vincent Clay athletic trainer, provides support for a Northview High School Football game.*