

Wings of a Dove



A publication of St. Vincent New Hope

“You represent the goodness of God to the sick.”

Lord, I want to show your goodness to others but sometimes my shortcomings seem to prevail. Help me to become the person you want me to be so others can see your image in me.



By David Sklan



Jim Van Dyke assumes dual leadership positions

Jim Van Dyke, executive director at New Hope the past three years, has been appointed executive director of St. Vincent Pediatric Rehabilitation Center, a 20-bed children’s hospital whose primary mission is to provide rehabilitative therapies to children who have suffered some trauma. Jim will continue to maintain his role at New Hope. Helping Jim in his administrative duties at New Hope will be **Kathe Rae**, who has been appointed director of operations overseeing all of the New Hope service lines. We believe this change is a very positive development for New Hope and will assure the delivery of quality services to Hoosiers in need for many years to come.

Wings columnist **David Sklan** sat down with Jim to discuss his new responsibilities.

Was it always your intention to start a children’s program?

Yes. As a service provider committed to assisting those in need, we have to reach

out to as many people as possible. Many children with developmental disabilities are on waiting lists for services because there are not enough providers available to meet the demand. We will always look to serve as many individuals as we possibly can while maintaining the level of quality we are known for.

From your viewpoint, what do you foresee as the major challenges of working with this different population?

We must always remember that children are not little adults; they are children. We have to be aware of the developmental needs each child has and gear our interventions to ensure that each child develops skills to the fullest extent possible.

Compare and contrast your roles at New Hope and Pediatric Rehab.

The two jobs are very similar yet different: Children and adults who are disabled are often isolated from the rest of society.

Both missions seek to maximize their inclusion into the family, the school and the neighborhood. As a contrast, children at Pediatric Rehab are here about 30 days then often come back periodically for outpatient therapies. At New Hope, our primary mission is to give round-the-clock support to those children and adults with disabilities for the rest of their lives. Both organizations have the most dedicated, caring staff I’ve ever seen, which is absolutely vital because of the great needs of the clients and patients we support.

Kathe Rae has been appointed director of operations at New Hope. How do you see the synergy of her

new position and your new position as executive director at both Pediatric Rehab and New Hope?

Kathe will be an exceptional leader in her new role. She has 20+ years experience with New Hope and briefly served as the interim executive director several years ago. She is familiar with most of our services and will quickly get familiar with all of our service lines. She will oversee most of the day-to-day operations so that I can continue to identify, advocate for, and provide new supports to more Hoosiers in need of our services. Her appointment will also give me more time to devote to our financial health as New Hope continues to operate significantly in the red year after year.



Jim Van Dyke

“We must always remember that children are not little adults; they are children. We have to be aware of the developmental needs each child has and gear our interventions to ensure that each child develops skills to the fullest extent possible.” - Jim Van Dyke

Remembering our friends . . .

New Hope remembers two dedicated volunteers

By Mary Pomprowitz

Steve Brewer and **Carl Schmidt** were dedicated volunteers who will be missed by all of us. Steve was always willing to help any of the clients with computer problems. All you had to do was ask and he was there. Carl spent time with all of the individuals at Rendu and helped them with projects, volunteer work and mostly was their friend. Our heartfelt sympathy and love go out to their families. We thank God for bringing them into our lives. Thanks, Steve and Carl; we will miss you.

“I didn’t know Steve that well but I thought he was easy to get along with and he was always able to fix my computer. I will really miss him,” says **Rob Scanlon**.

“Carl Schmidt was a great friend to me. He was a great friend to all of us. I love him like he loved me. I feel that God will take good care of him in heaven.”

Michael Spear and Rendu Group Home

Lisa Lynn Jewett, 1961-2002

A unique creation of God much loved and much missed

By Angie Ebert Cole

On Aug. 12, 2002, New Hope was lucky to begin working with **Lisa Jewett**. Lisa was very friendly and caring. She loved her job at Goodwill, bargain shopping, collecting dolls, but most of all she loved spending time with her family, especially at the lake. On Sept. 17, Lisa died peacefully in her sleep.

Her mother, Carol, wrote the following note to those who knew Lisa. “To the wonderful dedicated people of New Hope –and especially those who knew and cared for my Lisa. I appreciate all you did and all that you planned to do but were never given the time. Lisa was happy in her new home and loved her new staff. Words cannot express how grateful I am to you all.”



Lisa loved to fish each summer on Green Lake in Interlochen, Mich.

The Spirit of Caring is alive at St. Vincent, represented by the three doves of our logo, flying proudly in an integrated formation, depicting the three aspects of holistic healing – body, mind and spirit. We strive to deliver to our patients and families extraordinary patient care every day, with the three doves as our guiding symbol. As a member of Ascension Health and St. Vincent Health, we are called to...

Service of the Poor
Generosity of spirit for persons most in need

Reverence
Respect and compassion for the dignity and diversity of life

Integrity
Inspiring trust through personal leadership

Wisdom
Integrating excellence and stewardship

Creativity
Courageous innovation

Dedication
Affirming the hope and joy of our ministry

New Hope artist's card was hot seller during the holidays

A Christmas card created by New Hope artist **Tammy Salatin** became a best seller during the holiday season as 17,000 cards were printed and sent out by both Ascension Health and St.Vincent. The Christmas card sales, New Hope note card sales and a Gannett Grant for printing costs raised \$11,000 for future New Hope art classes.

Born with cerebral palsy and served by New Hope for the past 17 years, Tammy began taking art classes at the Indianapolis Art Center two years ago. Thanks to a Daughters of Charity Mission and Ministry Grant, New Hope began offering writing and art classes to those New Hope serves. For Tammy, the results have been transforming.

"I now know that if I put my mind to something, I can do it," said Tammy. "In the first class, I felt like I couldn't participate and started having doubts about my artistic abilities."

After a few classes Tammy started to feel more comfortable about her art. She simply painted and found that she loved expressing herself this way. She discovered that she not only had the artistic ability but also had a passion for it. Her interest has now expanded beyond painting to ceramics, making decorative pieces for her home, family and friends.

Tammy is anxious to take new art classes and learn different techniques. Ruth Stoner, Indianapolis Art Center instructor says, "Tammy is like every artist experiencing the exhilaration of growth in her work. She is continuing to develop her personal style and it shows in her work."

The artists at New Hope can create a special Christmas card for your business. It's a great way to support the Artistic Ability program and wish your customers a happy holiday. For more information call New Hope at 872-4210.



(l-r) Sharon Quick and Hollie Adams, Marketing and New Hope artist Tammy Salatin celebrated on the initial sale of Christmas cards benefiting St.Vincent New Hope.



Tammy's Christmas card opens with the message, "May angels guide you." Inside is a Bible verse from the Christmas story.

Artistic Ability helps New Hope artists

Art is a place where everyone has ability. That statement was the basis of New Hope's application for a grant from the Daughters of Charity Mission and Ministry. The grant helped New Hope artists express themselves in a variety of creative ways.

The Artistic Ability classes are designed especially for adults with developmental disabilities. The classes are designed so adults with various limitations can transcend these limitations and have a successful art experience. Classes are held at the Indianapolis Art Center and are taught by teachers who have degrees in art education or art therapy. Some students will advance to regular art classes and integrate with persons who are not disabled. They will have a chance to participate in an art exhibit open to the public at the end of the program. The grant has proven to be extremely beneficial for both artists and their loved ones.

One of the most valuable outcomes of the art classes is the self-esteem developed by each of the artists. They are able to develop new skills in ceramics, drawing, painting, wood, photography and jewelry. In a social context, they have a unique opportunity to meet new people and enjoy the art center. Some individuals have learned that having limited use of their bodies does not have to limit their creativity. The public exhibit of the artwork created in these classes will visually demonstrate that individuals with disabilities have the same talents, hopes and dreams as those without disabilities. The next exhibit will be held at the Indianapolis Art Center Aug. 1-Sept. 21.

If I were my electric wheelchair, how would I feel?

By Amy Stant

(Editor's note: Students in Bonnie Maurer's writing classes were given the assignment to write about their favorite thing.)

I would want to feel very soft for the person who would be using it and of course, I would want to be stately. I would want to have the ability to move all around and have the ability to make the person comfortable by tipping back. Give me any color of the rainbow and I would reflect the person's outlook and attitude. These are a few things that would set me apart from the rest.

Now, let me tell you just how and what kind of care and treatment I would require. I would want someone to use me very carefully and wisely. Do not sit in me all day long. Get off of my seat, as I need to get some fresh air. I do not deserve to be left on during the entire time you are sitting in me. I am like your automobile.

My sales pitch

By Lee Mehrlich

My name is Lee Mehrlich and I am selling chocolate candy bars for 50 cents each. I have many varieties of candy bars. Please feel free to call me at 329-9552 for orders. I sell at my church and community events. If you are looking for sweets, call the candy bar man.

Quick and easy winter treats



(l-r) Darlene Smith, Kelli Hillis and Barbara Hammes receive cooking instructions from Joe Quinn.

If you are looking for a tasty and inexpensive treat during the cold months or a fun family project, ask **Joe Quinn**. He gathered four of his staff and his team leader to teach them how to make two of his favorite treats...Potato Candy and Caramel Heavenlies. **Barbara Hammes, Kelly Hills, Darlene Smith, Libby English** and **Toni Carter** met in Joe's kitchen one evening and Joe went to work directing the candy makers.

Caramel Heavenlies

Preheat oven to 350 degrees. Ingredients: Graham Crackers - enough to cover bottom of cookie pan, 1/2 bag small marshmallows, 5 mini marshmallows per cracker, shredded coconut, pecan halves. Line a large cookie pan with graham crackers. Sprinkle with mini marshmallows (5 per cracker). Sprinkle shredded coconut over the marshmallows. Sprinkle pecan halves over coconut. Sauce: 3/4 cup margarine, 3/4 cup brown sugar, 1/4 tsp. cinnamon, 1/4 tsp. vanilla. Mix the margarine, brown sugar and cinnamon in a saucepan and heat over medium heat until the mixture comes to a rolling boil. Turn off the heat and stir in 1/4 tsp. vanilla. Pour the sauce over the whole graham cracker/marshmallow/coconut/pecan layers. Put in the preheated oven and heat until the marshmallows melt.

Potato Candy

One small Idaho baker potato	Powdered sugar	Peanut butter	Syrup
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Peel and cut up potato. Boil until tender (15 minutes), drain and mash. Add powdered sugar until consistency is like biscuit dough. Sprinkle powdered sugar on table or counter top, roll out dough into an oval about the thickness of a piecrust. Mix a spoonful of peanut butter with syrup until the peanut butter will spread easily. Spread on the potato/sugar dough. Roll up the dough into a pinwheel. Refrigerate until chilled. Cut the roll into 1/2-inch slices. Enjoy!			
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Your Voices



By Sandy Fries

Conversations with Sandy Fries

Getting to know you: An interview with Kathe Rae



Kathe Rae worked at the Thanks for Giving table last November.

What position do you hold within the family of New Hope?

I have been the director of Group Homes and also recently over another program called Targeted Case Management. It is a new program at New Hope, which assists individuals residing with their families in finding needed services.

Which program do you like better?

I really enjoy working with both programs. I have worked with Group Homes for a number of years, but I can't say I like one more than the other.

Give us a description of your responsibilities.

I have worked with the managers, team leaders, consultants and skills trainers within Group Homes, who in turn support the individuals living in the homes. I help to manage the program by addressing issues or concerns that might arise, working with the budgets, continually trying to make sure things are going well in the homes. I also really enjoy getting out and seeing the individuals we serve.

How long have you been at New Hope?

I have worked at New Hope for 22 years.

What are some of your most memorable moments at New Hope?

Some special moments for me have been seeing people move out of the facility to homes, becoming more independent, getting jobs, but also the good times we've had at the parties. It is good that we still have parties, where everyone is able to see one another. I think it is the most fun just being out and doing things with folks. I enjoy that very much!

Speaking of the group homes, have they changed since I was in one?

I think they probably have; we strive to be person-centered and allow individuals

to make more decisions than when you lived in a Group Home. We try to make it more of a home-like environment and help people get out more in the community and do what they want to do. They hopefully have many more choices in their lives.

What kind of a response do you get from outsiders about New Hope?

It is generally very positive if they have heard of New Hope. People have good things to say about our services. If they have not heard about us, I explain what we do. Sometimes people will tell me that I must have a lot of patience, but I have to laugh because I really do not consider myself very patient. People may express or feel that it takes a special person to work with individuals with disabilities, but I tell them it takes special individuals to work with our staff.

What are the names of your cats?

I have two cats, Nicky and Pete, and a big old dog named Bear. I love animals!

Which do you like better: cats or dogs?

I think I like them equally, but I am around my cats more because Bear is an outside dog. We adopted Bear and he was already an outside dog so he is comfortable living outside.

Would you say you are a loving person?

I would like to think that I am a caring person. I like being around people and enjoy what I do. I came to New Hope thinking I would only be here a very short time, but 22 years later, I am still here and committed to our mission.

It has recently been announced that you will have a new position at New Hope. Could you tell us what the position is and how you feel about this new challenge?

My new role will be director of Operations. Jim Van Dyke is now also the executive director at the St. Vincent Pediatric Rehabilitation Center and his time is divided between there and New Hope. I hope to provide day-to-day support and assistance to the programs/departments, which serve the individuals both directly—such as Group Homes and Supported Living—and indirectly such as Maintenance and Staff Development. I feel privileged to be in this position and excited about this new challenge.

I wish you good luck in your new position and I have enjoyed getting to know you better through this interview. Thank You!

Let it snow

By Tammy Davis and Angie Cole



Kevin Gregory and Tammy Davis in the Channel 6 Weather Center.

On Jan. 16, I had the honor of interviewing Mr. Kevin Gregory, weatherman for channel 6. He showed me his weather reporting area, weather computers and the rest of the studio. Plus, I got to see him go live for a 30-second weather update. I asked him a couple of questions and after graciously answering those for me, he signed one of my weather books. After showing me the studio, he posed for a few photos with me.

Why am I thankful?

By Kenneth DeGraff, Butler Speakers Lab peer tutor

Last Friday I listened to and talked with some people who had given that question a lot of thought. Individuals served by St. Vincent New Hope and Butler Speakers Lab tutors (of which I am one) meet regularly and discuss a chosen topic. This time, the 18 participants shared what they are thankful for.

David Sklan, a New Hope client, has said, "It seems obvious how those from New Hope will benefit from the Speakers Lab. We will be receiving valuable information from the Butler Speakers Lab participants." **Mary Pomprowitz**, New Hope's volunteer coordinator, cites the "friendships that develop and the respect clients get from the students and being associated with a prestigious university" as helping her clients gain confidence in their public speaking.

It's clear that this is not a fly-by-night operation for either side. Some may think there would be a significant difference between what the six Butler students and eight New Hope clients were thankful for but I saw common themes running throughout everyone's statements. Some were thankful for food, housing, friends and other basic essentials. New Hope client **John Lorton**, for example, expressed his thankfulness for "my friends, my family and my health." Butler senior Sarah Rahall agreed with him, as she mentioned that this would be the first year she's lived away from her family. Some chose to thank others for material things and the memories they invoke. Sophomore Meredith Haley said she was grateful for "everything I have been given or been allowed to do." David Sklan wrote a two-page statement that he read for the group. He was thankful for "the different gifts I received while growing up...I can't place any of the balls, bats, hockey sticks or pucks; however, I am grateful for them all, which kept me going."

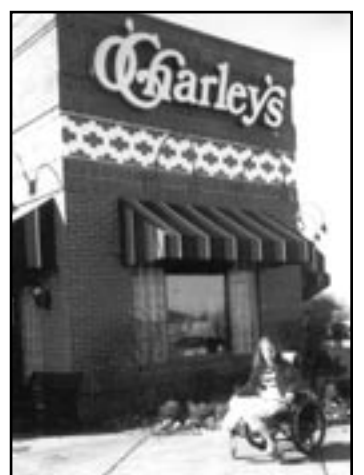
Several participants were grateful for the role that other people have played in their lives. **Marcia Carithers** shared her thanks for "the people, friends and skill trainers (who) take me places and have helped me out." David, a Jewish man raised in the Chicago suburbs, was thankful for his father and his uncles "who fought the Nazis in World War II." That his dad was unwilling "to speak his memories regarding World War II taught me of the foolishness of war." **Jay Buethe** was thankful for his job at a movie theater and "everyone for coming here."

So what am I thankful for? I'm thankful that programs like New Hope are providing independence for people with disabilities. I'm thankful that the Butler Speakers Lab develops confidence in public speakers. Not just in the students who take Introduction to Public Speaking, but in others throughout Indianapolis, like those New Hope clients. But most importantly, I'm thankful for the opportunity I spent that Friday afternoon listening and sharing stories with New Hope friends.

Getting Around

By Cindy Wagner

The wheelchair accessibility at O'Charley's Restaurant is very good for a van or car. They have adult cups with lids and service that cannot be beat. The only suggestion I might make is a printed dessert menu for those of us who want to see it first. The dessert and food are both very good on a consistent basis. Doug Taylor, manager of the North Michigan Road O'Charley's establishment, is even willing to print my review of his store in the company newspaper. He said it would help them focus some attention on their "diverse customer base" across the country.



New Hope food critic Cindy Wagner on her way to O'Charley's Restaurant for lunch.

People

Hoo-hoo-Halloween!



Thanks to Sagamore Health Network for sponsoring the annual Halloween Party. The food, decorations and DJ were great. The Sagamore volunteers did a super job making the hall very scary!



Bob Jackson entertained everyone with his Elvis impersonation.



Costume contest winners (l-r) Gina Covington, Debi Roe (New Hope witch), Geraldine Keeling and Ashley Leech show off their winning costumes.



Dana Zunk met Goodwill Industries President James McClellan at an award luncheon where Dana received recognition for working 20 years at Goodwill. Congratulations, Dana!

Group Home Cluster 1 celebrates Thanksgiving



Michael Spear (right), his mother and stepfather enjoyed the annual Group Home Cluster 1 Thanksgiving dinner.

Theater review: The Foreigner

By Kim Potts

Last November, my skills trainer and I went to watch a play, *The Foreigner*, at Brebeuf Jesuit High School. It was a chilly night but comfortable once we got inside and were honored with front row seats. We were in full view of the whole stage.

The play was about Charlie, who came here from England and by mutual agreement with Froggy who was in the military here, pretended to be unable to speak English except for two words, "thank you." He became an object of curiosity and was disliked by an extremist group of people. Using crafty ideas, Charlie eventually mas-



Thandi Whitlock (left) and Kim Potts check out the program for the Brebeuf play.

tered English and was able to share some of his foreign attributes with those around him. My skills trainer, Thandi, is from a foreign country and could relate with some situations in the play. We enjoyed the play very much.

Two nights, two theatres, two plays

By Amy Stant

Last December, I took my friend Paul Tomastic to see this fantastic musical/play, *Joseph and the Amazing Technicolor Dreamcoat*. I had seen it before. I was familiar with the music. However, I forgot how splendid the choreography (dancing) was but it did not take long for me to remember.

The actors and actresses did a superb job in telling the story of Joseph and his abilities to tell what other people's dreams were and the symbolism represented in those dreams. The Indianapolis Civic

Theatre hosted this **SneakView**, the final dress rehearsal of each show open to those whose access to the theatre is limited.

Paul enjoyed himself because I have taken him to other musicals. One was the musical, *Annie*, at the Murat Theater. He laughed, tapped his foot to the beat of the songs and he even sang along with Annie. I was glad to see that in both of the theatres that the ushers were so accommodating and willing to help out when either of us needed them. I would like to say thank you to both the Indianapolis Civic Theatre and the Murat Theatre.



By Sister Francine Brown, D.C.

Eyes of the Dove

Hello to all my faithful readers!!!

It was really wonderful seeing everyone while I was in Indy last November. So much is happening at New Hope with new services, on-going services, on-going services with a new focus and new additions to many of your families (there seem to be many new moms, dads, grandmas and grandpas!)

Well, here we are in 2003 and by now everyone has adjusted to writing 2003 on their checks and other correspondence - right??? We are also into winter in the Northern Hemisphere and from what I hear and have heard about some parts of the U.S. it has been a bit nippy and snowy!

Having arrived in Paris in January 2001, this will be my third winter here. The first winter had a bit of a cold spell that went right through my bones but then the temperatures stabilized (or I got used to the chill) and we had just a dusting of snow that only lasted until the sun came out. For the most part we only get rain during all of the seasons. Because there are Sisters from all over the world working here at the Motherhouse there are many who had never seen or experienced snow. I remember two Sisters from India who wanted their picture taken near a small evergreen tree in the garden that had snow all over its boughs. They wanted to send the picture back to the Sisters and their friends and family to show them the snow!

Last year we did not have any snow but did have a short spurt of severe cold that roared through Paris and yes, we had the usual downpouring of rain. At one point last year, near the end of winter, the River Seine was so high the sightseeing boats and barges were not able to get under the bridges! There are also some roads and walkways that run along the riverbank and they were all under water!

This year has been a bit different as we had a beautiful snowfall on Jan. 4. We have two different Sisters from India and two Sisters from Nigeria as well as Sisters from other African, Asian and South American countries that have never seen or experienced snow. Out came the Sisters and the cameras!!!! It's really amazing how quickly people learn to make snowballs and what to do with them! The snow lasted on the ground for more than a week.

It is unusual for the city of Paris to get much snowfall due to the density of the population and buildings, which somewhat generate a heat effect and cause rain to fall instead of snow. The snow was followed by a cold snap. I wouldn't say that the times of cold weather here have been as cold as those I have experienced in Indy but methods of construction (little if any insulation) and those huge French windows tend to let the cold creep in and hover around my feet and hands. Brrrrrrrrrrrr! I also think that using Celsius vs. Fahrenheit temperature scales has a bit of a psychological effect. One thinks it's colder upon hearing it's -1 degree Celsius when that translates to 31 degrees Fahrenheit! I just have to keep putting things in perspective.

Well, stay warm, throw another log on the fire and hopefully spring won't be too far away. Ahhh, I can picture the redbud now with some daffodils gently swaying in the breeze. I hope they don't get nipped by a quick freeze or snowfall!

Love to everyone - à la prochaine (see you!),

Sr. F



Motherhouse Garden - January 4, 2003

Cindy Carter has been promoted to director, group homes.

Robyn Osborn has been promoted to SLP Team Leader.

Amy Flint is the fourth quarter 02 leadership award recipient.

Cheryl Schaefer is the first quarter 03 leadership award recipient.

Welcome **Candice Bradbury**, Financial reporting assistant.

Welcome **Tia Cavanaugh-Favors**, new team leader for SLP Cluster 1V.

Welcome **Pam Conley**, team leader at Rendu Group Home.

Welcome to **Libby Milch**, RN, nurse consultant for group homes.

Welcome to **Chris Moore**, new team leader at Seton Group Home.

Welcome **Allison Schultz**, GH Behavior Consultant.

Congratulations to **Misty Turner-Steiber** on promotion to team leader for SILP/CYCS.

Garlando Lewis is new SILP/CYCS Team Leader.

Congratulations to **Leah Steere** on her new position as consultant for staff development.

Congratulations to **Jackie Brewer** on the birth of her grandson, **Ezekial Michael**.

Congratulations to **Toni Carter** on the birth of her grandson, **Ryan Christopher**.

Congratulations to **Janet and Chad Inman** on the birth of their son, **Matthew Lee**.

Congratulations to **Jane Ottinger** on the birth of her grandson, **Issac**.

Congratulations to **Cheryl and Mike Schaefer** on the birth of their daughter, **Elizabeth Helen**.

Congratulations to **Leah and Scott Steere** on the birth of their son, **Garrett Selyn**.

Congratulations to **Susan Robinson** on the birth of her granddaughter, **Sylvie Ruth**.

Congratulations to **Mary Pomprowitz** on the birth of her grandson, **Cavan**.