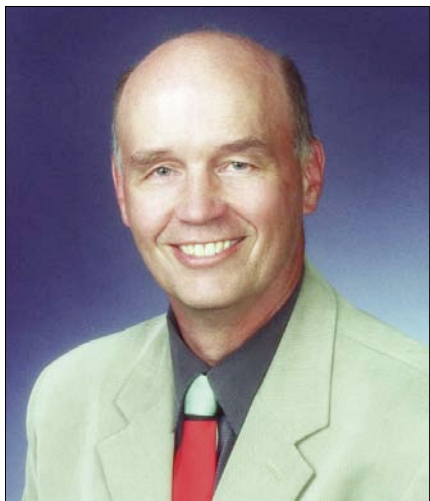


Healthcare that Leaves No One Behind

A message from Jim Van Dyke



All around us we see the hardship caused when families do not have access to health insurance or cannot afford the health insurance offered to them. Health care is delayed or denied; family finances are jeopardized; and lives are forever changed. In keeping with our call of Healthcare that Leaves No One

Behind, we are compelled to action

in keeping with the vision first exemplified by Vincent De Paul and Louise de Marillac.

As we enter our 31st year of providing services to people with Developmental Disabilities, we celebrate a long and strong vision of Catholic social justice. This year we are doing more than ever before to ensure that our social justice efforts extend to all persons in our ministry. Beginning Jan. 1, 2009, we will put in place an enhanced socially just benefits program for qualifying associates.

Full time associates who choose medical coverage will receive flex dollars to help them purchase that coverage. Depending on their salary and choices, these flex dollars will pay for up to 85 percent of their monthly premium. In dollars, this means that many of our associates will pay less than \$1 a day for health insurance coverage for themselves and their entire family.

But we're not stopping there. We also have a further health benefits subsidy for all full-time associates whose total family income is less

than 200 percent of Federal Poverty Level for their family size. Those eligible associates will receive a waiver (100%) discount of their payroll deductions for our medical plan, a waiver (100%) discount of out-of-pocket expenses (co-pays, deductibles and co-insurance) for health care that is billed by a St. Vincent Hospital facility and reduced co-pays at the Associate Pharmacy.

So what is Federal Poverty Level and can anyone really meet the requirement? Here's an example. If a full time associate has a family size of four and an annual family income of \$41,000, that associate along with his or her family will be eligible for the 100 percent waiver on medical care.

These programs are layered on top of already existing benefits including long-term disability coverage, life insurance and tuition assistance that help provide peace of mind and opportunity for skill enhancement to our associates.

As it was with Vincent and Louise, we understand that social justice extends not only to those we serve but also to those who serve. Our socially just wage and benefit program seeks to offer supports to associates and their families that ease some of the financial burden for those associates whose family income may not always meet family needs.

We count ourselves privileged to work in a ministry that respects the worth and dignity of all people who touch this ministry. And we remain steadfast in our belief that effective, affordable health care is a right and not a privilege for every person.

Shining the New Hope spotlight

Amy Flint is the person you will meet if you are seeking services from St. Vincent New Hope. She started working at New Hope in March 1985 shortly after completing her master's degree in Social Work from The Ohio State University. She has held various social work positions throughout her career at New Hope. As director of Placement and Support Services, she has the opportunity to meet individuals and families who are seeking services. She is also responsible for coordinating admissions and discharges for our group home and waiver programs. Amy spends a lot of time on the phone helping people who have expressed interest in our services, as well as linking people with various community resources. Other areas of responsibility include supervising Registry, Behavior Consultants, PT/DME and Volunteer Services. You can contact Amy by phone at 338-4535 or email amflint@stvincent.org.

Amy Flint, LCSW, director of Placement and Support Services for New Hope.
Photo credit: Donna Richards.



The Spirit of Caring is alive at St. Vincent, represented by the three doves of our logo, flying proudly in an integrated formation, depicting the three aspects of holistic healing - body, mind and spirit. We strive to deliver to our patients and families extraordinary patient care every day, with the three doves as our guiding symbol. As a member of Ascension Health and St. Vincent Health, we are called to ...

Service of the Poor
Generosity of spirit for persons most in need

Reverence
Respect and compassion for the dignity and diversity of life

Integrity
Inspiring trust through personal leadership

Wisdom
Integrating excellence and stewardship

Creativity
Courageous innovation

Dedication
Affirming the hope and joy of our ministry

St. Vincent Foundation awards grant for Artistic Expression

St. Vincent Foundation's Grants and Education Committee selected St. Vincent New Hope's Artistic Expression Program for a two-year grant of \$11,250. The Artistic Expression Program has a nine-year history of providing art classes at the Indianapolis Art Center for individuals served by New Hope.

This specifically designed program for individuals with disabilities is focused on providing new opportunities for personal expression, learning new skills, creative growth through new experiences, and enhanced self esteem and socialization. In addition to media-specific classes in painting, ceramics, etc., there will be tours of various exhibitions at the Indianapolis Art Center, video presentations, visiting artists and opportunities for the individuals and skills trainers to work on a project together.

The classes will meet for seven weeks three times a year. At the end of the Fall 2008 - Spring 2010 period, there will be an exhibit of work completed in the classes at the Indianapolis Art Center. The students will have input on the exhibit planning and it will be open to the public.

St. Vincent Foundation Golf Tournament for New Hope

By Kathe Rae

The fourth annual St. Vincent Foundation Golf Tournament benefiting St. Vincent New Hope was held Aug. 18 at the legendary Crooked Stick Golf Club. After last year's rainout, 24 foursomes enjoyed the sunny, beautiful day. The tournament, in its 24th year, raised \$100,000, which will be used to purchase and replace accessible vans from the aging fleet of vehicles. **John Lorton**, who is served in SILP, was on hand to graciously accept the check on behalf of New Hope and thank the golfers for their support and involvement.



John Lorton (left) accepts the \$100,000 check for New Hope with Jim Van Dyke (center) and Dr. Phil Eskew.

A special thank you goes out to the tournament committee members: **Dr. Phil Eskew**, chairman, **Sue Anne Gilroy**, **Hollie Adams**, **Paula Ingram-Coleman**, **Robert Baker**, **Ann Hall**, **Nancy Frick**, **Dennis Coltart** and **Jim Van Dyke** for their time and effort in planning such a successful tournament.



New Hope celebrates associates with 4th Annual Associate Recognition Dinner



Mike and Deborah Robinson enjoy the associate recognition dinner with Brad and Linda Rotert. Mike and Brad are proud members of the New Hope Maintenance Team. *Photo credit: Kathe Rae*



New Hope associates have fun dancing the Electric Slide at the dinner. *Photo credit: Kathe Rae*



Roy and Dorothy Love enjoying the celebration. Lynn Feldman, Dorothy Love and Peggy Tinney were each honored for 30 years of service. Associates who reached five, 10, 15, 20, 25 or 30 years of service were recognized. *Photo credit: Donna Richards*

The Biggest Losers of New Hope

By Tarina Joy Love

In April 2008, season 5 of the "Biggest Loser" had the first American female winner and several staff requested a weight loss challenge at New Hope. Purple Spirit embraced the opportunity to provide something healthy and inclusive for all associates. E-mails, flyers and faxes were sent out to the New Hope community. By May 5, a total of 57 associates had signed up. For 18 weeks they received information, advice and tips to lose weight and develop lifestyle changes. Those who continued to push past individual frustrations found the original incentive of winning replaced with passion. "It's no longer about a contest, it's about ME!" Other incentives such as personal encouragement and midway prizes (water bottles and "The Calorie King" 2008 guides) were given. Final prizes (gift cards and workout DVDs) kept



Third place to first place: (l-r) Anita Pope, Janice Carter and Jackie Lacey. Photo credit: Tarina Joy Love

the momentum going. New Hope lost 200 pounds and gained satisfaction with a job well done. Congratulations to everyone who made the first New Hope Purple Spirit Biggest Loser Weight-Loss Challenge a success!

First Place – Jackie L. who lost 11.78 percent of her starting weight and says of her success: *"The (Calorie King)... Encouraging words and tips...trusting God and believing I could...cut back on what I was eating, drank plenty of water, walked six days a week...I made a lot of sacrifices in becoming healthy and losing weight."*

Second Place – Janice C. lost 10.47 percent and says it is about MOTIVATION. *"Got to be motivated from the heart...Make your plans, get your motivation, reach your goal!"*

Third Place – Anita P. lost 10.28 percent and had her own motivation. *"I had a pair of pants in a size that I never want to wear again...that helped me be DETERMINED enough to stick to it."*

Kiwanis hosts "The Round Up"

By Stacey Hissong

The annual Group Home Council theme party, sponsored by the Northwest Kiwanis Club, was held this summer in the shelter. Kiwanis cooked and served dinner to all the individuals, their staff and families. The theme this year was "The Round Up." Cowboy hats, horses, cows, mules and wanted posters were sought out and enjoyed by all. Thank you to the Kiwanis Club members who hosted this fun-filled evening!



Shandi Vance and Julie Burrows smile for the camera. Photo credit: Stacey Hissong



"Gunslinger Leah" Steere. Photo credit: Stacey Hissong



Elizabeth "Ann" Covington in her cowgirl hat with her cow. Photo credit: Stacey Hissong

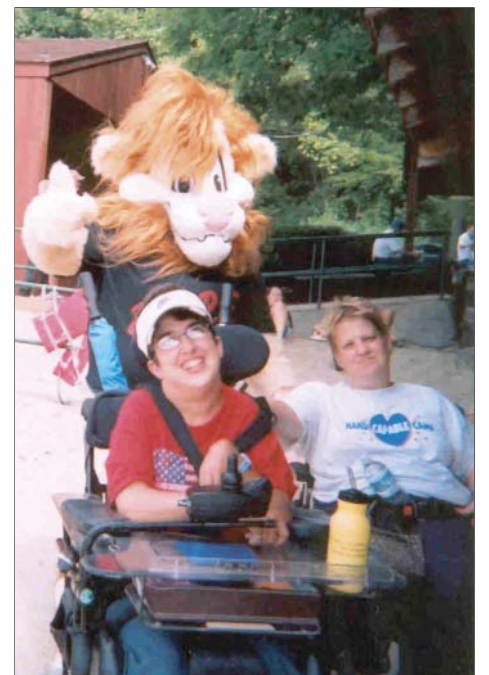
Heart Walk 2008



Some of the New Hope Heart Throbs at the 2008 Heartwalk.



Handicapped Campers Mary Ann Gilbert and Rick Borkowski with Smokey the Bear and New Hope nurse Cheryl Barnes enjoy the fun!



Linda Palmer and Kim Boyer, first-time campers at Handicapped Camp with the D.A.R.E. to Say No Lion awaiting a ride on the pontoon boat. Linda and Kim said they had lots of fun and want to come back next year. Photo credit: Cheryl Barnes

Your Voices

I am just like you

By Jenny Matkins

I came up with an idea to talk to people about what it's like to be in a wheelchair because people come up to me and ask. I want people to know that I am just like everyone else. I like to have fun and go places and just be me. Actually, I thought about talking with groups for a long time. I talked with **Kathy Koning** (my behavior consultant) and we came up with a plan to get together with some church groups.



Jenny Matkins (center) with the Kids Who Care Group.
Photo credit: Kathy Koning.

I really enjoyed working with these kids and moms. I showed them things like picking up socks with a reacher and using a wheelchair. They had a lot of questions and we played a lot of games. They planted some flowers for our house too.

Summer Fun

By Phil Custer and LaToya Hamilton

The guys from Winston II and staff had a great time at the Indiana State Fair. We ate a variety of great food, played a guitar for the first time and saw the smallest drivable van. There was a concert that we all enjoyed too!

Mark, Max, Corey, Phil, LaToya and Kenny would like to thank Marty Gaddis at the Indiana State Fair Box Office for the 400 complimentary gate tickets for the fair given to New Hope! The gate admissions provided access to the fair and everyone enjoyed it very much!



(l-r, first row) Mark Klinker, Max Owen, (second row) Corey Robertson, Phil Custer, LaToya Hamilton and Kenny Lyons take time to pose for a photo at the Indiana State Fair.

My Poem

By John Lorton

I am John
That is all right with me
Sorry I'm not
Whatever you want me to be

The Good Old Summertime

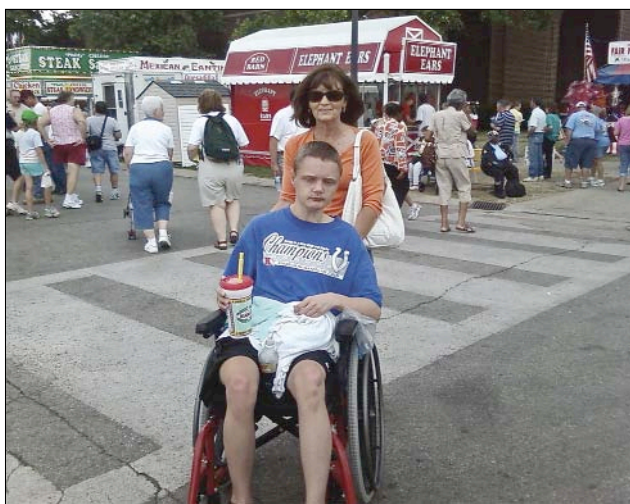
By Lee Mehrlich

God made days pretty during the summer. The days are longer and warmer. We can go outside and see some day and night baseball games. We can also go on a picnic and BBQ some hamburger. Let's hope the ants don't bother us.
Summertime is great!

People



Diane Higgenbottom enjoying a fun day at the Indianapolis Zoo. Photo credit: Eleene Moore-Andrews



Luke Bullington and Donna Murphy at the state fair.



Lisa Girod watches as Jerry DeBaun gets down to business at the water party. Photo credit: Jeanne Reyman



SLP Cluster III staff and individuals served gathered for a summer carnival. Karey Allen (left) has her arm painted by Team Leader Becky Sigmon. Photo credit: Mary Wagner-Shields.



Friends of the Fox gave Milka Duno a copy of her photo in Wings of a Dove at the Chicagoland Speedway Indy Car race. They got a photo of her showing it to her PR person.

Best wishes to **Lavern Bunton** who retired after serving New Hope faithfully for 27 years, 9 months and 3 days. She last worked at Arbor Lakes 6 with Nikeita, Gina and Rosemary. She is well known for her wonderful cooking and is greatly missed.

Welcome to **Cesar Genders**, new team leader for SLP Cluster III.

Welcome to **Cara Huffman**, consultant for Behavior Services.

Welcome to **Heather Jones**, new mentor for Day Services.

Congratulations to **Kelly Manning** on her promotion to human resources manager.

Remembering our Friends

By Mac Bellner



Carol Elaine Shaffer came to live at Providence House group home on April 21, 2008. For the short months that we knew her, the staff at Providence House came to know her well and love her. She had a very eclectic taste in music, loving classical country, gospel, polka and Hawaiian music. Carol also enjoyed all the cooking shows on television and liked to flip through magazines that especially featured food and home decorating articles with lots of pictures.

Carol could not talk but she spoke volumes with her eyes and attitude. She was the soul of

patience, tolerating months of being in and out of the hospital with good humor. Carol also rewarded all her caregivers with a sweet smile and her cooperation. She died on Sept. 3 in the St. Vincent Hospice. Carol is greatly missed and remembered fondly by Providence House staff.

The St. Vincent New Hope Book Club

By Desiree Tilton

The New Hope Book Club held its first meeting on July 22, 2003. **Donna Richards** invited associates to come together during lunch to discuss books related to professional development. The first book read was *A Purpose Driven Life* by Rick Warren. Though some of the original members are no longer at New Hope, the club continues to grow and develop. No longer limiting itself to reading only for professional development, each participant has the opportunity to suggest titles which are then voted on by the group to be read by the next meeting. Some choices have included *The Glass Castle* by Jeannette Walls, *Water for Elephants* by Sara Gruen and *The Patient in Room Nine Says He's God* by Dr. Louis Profeta.

The New Hope Book Club was

pleased to host Dr. Profeta and his son at a lunchtime discussion of his book. Dr. Profeta, an ER doctor at St. Vincent Hospital, read excerpts from his book detailing humorous, humbling and spiritual experiences both inside and outside the ER.

Since joining the group two years ago, **Amy Flint**, director of Placement Services, reports that she has read and enjoyed books that she probably would not have chosen on her own. That sentiment is shared by many others as well. Volunteer Coordinator **Mary Pomprowitz** also shared her enjoyment of discussing books with fellow readers having different perspectives, in addition to the opportunity for fellowship. The group is open to anyone interested in joining.



(l-r) Donna Richards, Amy Flint, Cheryl Barnes, Phyllis Teusch, Gail Martin, Rael Michira, Dr. Louis Profeta and his son, Eli; Betty Swanson, Daphne Matthews, Desiree Tilton and Mary Pomprowitz at the recent Book Club.

Dreams Do Come True!

By Tracy Brabec



Some of the walkers who walked for Kyle

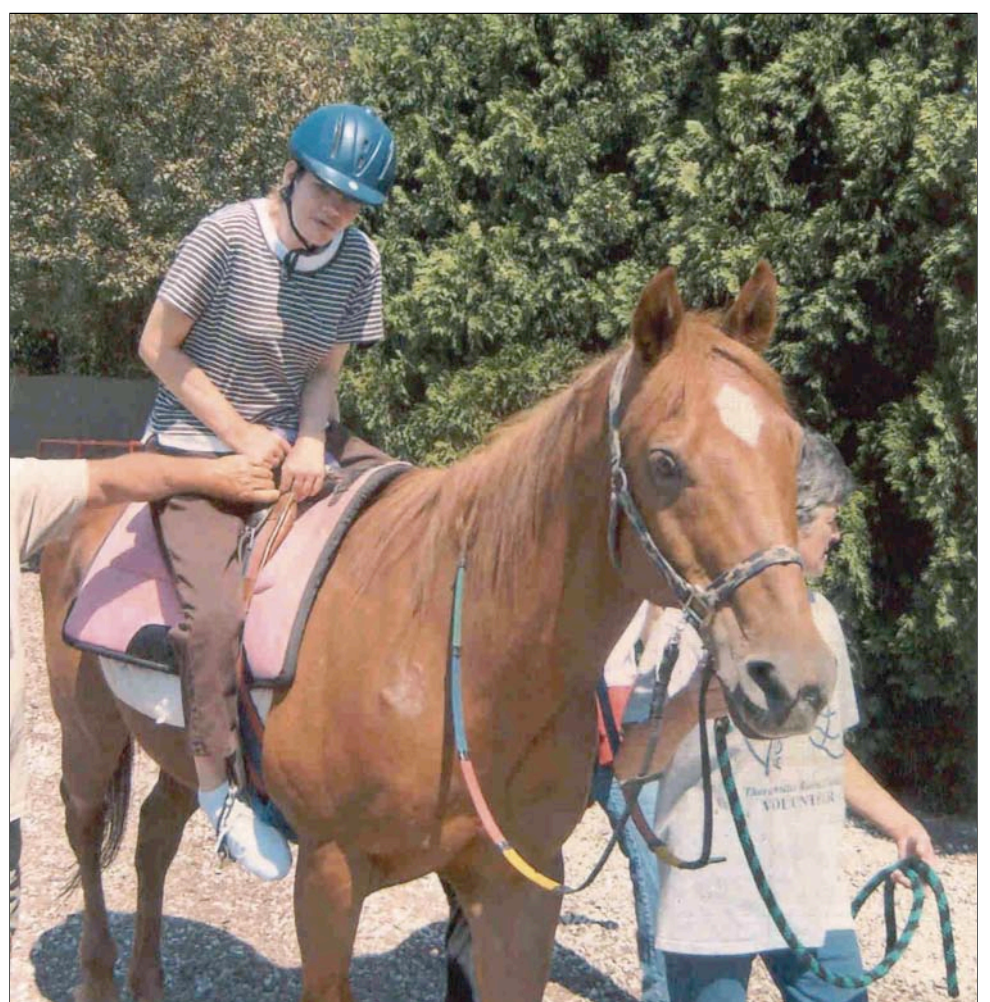
I wanted to thank everyone who graciously helped me support the Make a Wish Foundation by participating in the Walk for Wishes last June 21. The Make a Wish Program became a personal interest of mine after my son,



Kyle with the pilot in the cockpit.

Kyle, was fortunate enough to have his wish granted in November 2007. The Make a Wish Foundation, with the help from people like you, gives a child joy and hope to replace the fear and doubt they live with every day. The anticipation of receiving a wish gives a sick child the strength to persevere because it gives them something to look forward to. Receiving their wish gives them a sense of peace and fulfillment that helps them endure whatever awaits them.

Whether you participated in the walk or sponsored someone who did, you gave a child's family unbelievable memories that will last a lifetime. I'm very proud and blessed to work with such a generous group of people.



Suzette Whightsel enjoys her weekly riding lesson at Agape Riding Center.
Photo credit: Eleene Moore-Andrews

The Kindest Person I Know

By Sudie Ritch



Angie Cole is a wonderful person who has helped my son and me so much! She has been with me since August 2007 and she comes with me to doctor appointments. Sometimes we have two appointments in one week. Angie is so nice and kind to us. We all need someone like Angie. Thank you so much, Angie! Keep up the good work and know that we could not do without you.

Da'Keisha or Evillene

By Betty Swanson

Da'Keisha Bryant, a skills trainer at Winston II, plays a dual role. She is also Evillene, the Wicked Witch of the West in the musical *The Wiz* now playing at the Cabaret Theatre. Critic Whitney Smith, a writer for the Indianapolis Star, wrote that Da'Keisha was a delight as Evillene, the evil witch. He stated that "Whether it was her initial smoke blowing from the balcony, her arrogant attitude to underlings, or her upbeat gospel number "No Bad News," the good news is that Da'Keisha—or should I say Evillene—is the one you love to hate." She has been involved in other Indianapolis musical productions: *High School Musical*, *Motown*, *The Wiz* and others with Beef 'n Boards. Da'Keisha will one day pursue her dream of becoming a Broadway star. Will she appear as Da'Keisha or will she be the wicked Evillene? Whatever her choice, we wish her luck. Watch for Da'Keisha's next upcoming musical, *Solid Gold Soul*.

Celebrating Mission Moments

By Donna Richards

(Editor's Note) Recently, a request was sent out for associates to submit stories of "Mission Moments," in which associates have exemplified the Core Values in their work. Three excellent examples were submitted and one was chosen for Wings of a Dove. The stories are being displayed on the new Mission Moments bulletin board across from Staff Development. This story submitted by Donna Richards about Gina Borneman, a mentor with FCS, has also been selected for "Wings of a Dove."

Gina Borneman has worked more than five years with St. Vincent New Hope. I had the opportunity to visit the individual whom Gina works with a year ago and then again this year, for a quality assurance review. The young girl has multiple disabilities. I was amazed at the progress she has made in just one year. In talking with her family and from my observations it is clear that Gina has played a large part in the progress. A year ago this individual would answer all of the questions when prompted with only one word. This year she wanted to answer all of the questions, in complete sentences, using adult language. She also demonstrated very good social skills. What a difference!

Gina and the individual lady have full days that include stretching exercises, learning to walk in a stander, wrist movement exercises, school work, math, phonics and much more. When I asked how they accomplished this progress, they explained how Gina makes learning fun. She has created many games, role playing and community activities as learning opportunities. To help her learn her numbers and sequencing, Gina taught her to play the game RACKO. Her wrist

exercise is incorporated into her favorite activity of washing windows.

Gina brought a recorder for the child to record her voice and to practice conversation skills and to learn to pronounce letters. She created songs, putting words to music, which helped the child learn the days of the week, months, Bible books and more. They visit museums and parks and go out to eat.

Gina observed the child in PT and Speech therapy and then wrote goals for herself and the child to implement things she was learning in therapy into their daily activities. The family is very happy having Gina work with their child.

Gina worked with another individual in the SILP program previously and recently learned over a holiday weekend that the

person was in an out-of-town hospital with a serious illness. Gina sent out an e-mail to many people requesting prayer for the individual and went to visit the individual in the hospital.

Gina is a great example of someone who truly "lives" all of the Core Values; Service of the Poor, Reverence, Integrity, Wisdom, Dedication and Creativity.



Gina Borneman and Keturah Ratliff having a quiet moment together. Photo credit: Lisa Davis

New Hope's Fall Festival

The New Hope Fall Festival provided fun, music, good food and a chance to meet old and new friends!



Rob Miller and Heather Jones having fun at the annual Fall Festival.

Photo credit: Kathe Rae



Dancing the night away, (l-r) Terri Hopson, Janet Lloyd, Angela Wolbert and Tiffanie Jenkins in their custom made costumes at the annual fall party. Angela Wolbert was one of six prize winners who received a gift certificate donated by Domino's Pizza.



Thanks to Stella Patton (right) for making costumes for all the individuals at DeMarillac Group Home. Stella poses with her daughter, Marrie Lou Dollahan.

Photo credit: Gail Merhlich.



Top banana John Richey in his award-winning banana costume eating a banana.

Photo credit: Sam Wade