

# St. Vincent Women's Hospital 2011 Provider Education Catalog



**For information or to register for classes call (317) 338-CARE.**

**\*\*except where noted.**

THE SPIRIT OF CARING®



*St. Vincent  
Women's Hospital*

# Course Descriptions

## **AWHONN Instructor Course**

\$220.00

This 1-day course (8 contact hours) focuses on the principles of adult learning and the application of same to the Intermediate Course. Each participant is required to present an assigned segment of the Intermediate Course during the day.

At the conclusion of this course, participants should be able to:

- Explain the principles of the adult learning process.
- Describe the principles of the teaching process.
- Differentiate teaching approaches and instructional methods (i.e., lecture, small group discussion, skill stations, and audio visual aids).
- Demonstrate skill in using the Instructor Guide to teach the Intermediate Course.
- Identify learning methodologies included in the Intermediate Course.
- Demonstrate the ability to conduct the skill station for auscultation or integration of knowledge and skills in the Intermediate Course.
- Describe an external environment that promotes motivation to learn.

## **Participation Requirements**

Minimum requirements to participate in this training include:

- Current AWHONN membership.
- Successful completion of the current Intermediate Course within 3 years of the Intermediate Instructor Course.
- Minimum 2 years recent experience in fetal monitoring.
- Current clinical involvement in fetal heart monitoring as a staff nurse, physician, manager, clinical nurse specialist, or educator.
- Current responsibility for the evaluation of clinical skills of others in fetal heart monitoring.
- Ongoing professional development in intrapartum, antepartum, high risk care and fetal heart monitoring.

Participants interested in this course should e-mail Beth McIntire, AWHONN instructor trainer at [eamcinti@stvincent.org](mailto:eamcinti@stvincent.org) for more details.

## **AWHONN - Intermediate Class**

\$135.00

This two day workshop earns 18 contact hours and 15.25 CMEs. Offered in a standardized format, the course may be used as a competency assessment to validate the knowledge and skills of experienced nurses. Participants analyze case scenarios using key physiologic principles. Sessions offer demonstration, practice and testing of the following skills:

- Auscultation
- Performing Leopold's Maneuvers
- Placement of an intrauterine pressure catheter and spiral electrode
- Interpretation of tracings
- Identification of indicated nursing interventions
- Communication
- Documentation

This course is designed for registered nurses with a minimum of six months clinical nursing experience using fetal heart monitoring technology in an intrapartum setting with greater than 600 deliveries a year. Otherwise it is strongly recommended that you take a beginner class.



## **AWHONN – Advanced Fetal Monitoring Class**

\$110.00

This one day workshop earns 12 contact hours and 10.0 CMEs. Contact hour credit includes independent study in preparation for the workshop. Building on skills gained in the Intermediate FHM Course, this course conveys the application of advanced fetal heart monitoring knowledge and skills in intrapartum nursing practice. Using a case study approach to focus on the analysis of complicated FHM patterns/ characteristics and related case information, this course emphasizes the following:

- Underlying maternal-fetal physiology
- Instrumentation
- Interpretation
- Intervention
- Verbal and written communication skills
- Risk management principles

Successful completion of written examinations is required to complete the course and earn continuing education credit. Participants who attend the full workshop and successfully pass the skills and written tests earn 12 contact hours of continuing education

credit or 10.0 CMEs. No partial credit is awarded. This course is designed for registered nurses who successfully complete the Intermediate FHM Course, a comparable fetal heart monitoring workshop, and/or are certified in fetal heart monitoring. To pass, participants are expected to review Fetal Heart Monitoring Principles and Practices, Third Edition.



**Cardiac S.T.A.B.L.E.**

\$40.00 includes the price of a book  
\$10.00 if the participant has a book or wants to use a loaner book

The S.T.A.B.L.E. - Cardiac Module provides general guidelines for the assessment and stabilization of neonates with suspected congenital heart disease (CHD). Prompt, effective, and appropriate care of neonates with severe CHD can reduce secondary organ damage, improve short and long-term outcomes, and reduce morbidity and mortality. This information is presented in three sections. The first section of the module reviews the physical exam of neonates with suspected CHD. The second section details the anatomic features, clinical presentation and initial stabilization of neonates with CHD, and emphasizes differentiation of cardiac from pulmonary disease.

Specific heart lesions are covered in detail including those that are cyanotic ductal dependent, cyanotic not-ductal dependent, and left outflow tract obstructed ductal dependent lesions. The final section discusses modifications to the six S.T.A.B.L.E. assessment components that are necessary when caring for neonates with suspected or confirmed CHD.



**Gestational Age S.T.A.B.L.E.**

\$20.00

This module supplements the S.T.A.B.L.E Program Learner Course or can be used as a stand-alone course for interns, residents, nurses, respiratory therapists, and other health care providers. Highly visual to help students learn everything from Ballard gestational age assessment to a head-to-toe physical examination and immediate stabilization of neonates with various surgical conditions including omphalocele, gastroschisis, tracheoesophageal fistula, midgut volvulus, subgaleal hemorrhage, and more.

**Learner S.T.A.B.L.E.**

\$60.00 includes participant manual  
\$15.00 if participant has their own 5th edition Learner STABLE manual

S.T.A.B.L.E. targets the post-resuscitation care of sick neonates and is therefore considered by many experts to be the follow-up, complementary program to the American Academy of Pediatrics' Neonatal Resuscitation Program (NRP). S.T.A.B.L.E. serves as a concise educational tool to organize the myriad of details necessary to stabilize and care for sick infants. The S.T.A.B.L.E. Program involves an eight-hour interactive didactic presentation by an expert in neonatal nursing or medicine. The S.T.A.B.L.E. Program is the widely accepted neonatal post-resuscitation/pre-transport stabilization educational and clinical tool. "S.T.A.B.L.E." stands for the 6 assessment parameters covered in the program: Sugar, Temperature, Airway, Blood pressure, Lab work, and Emotional support for the family. S.T.A.B.L.E. is considered by neonatal educators to be the follow-up, complementary program to the AAP/ AHA Neonatal Resuscitation Program.



**Fetal Assessment/Fetal Monitoring 101**

\$25

This course is primarily for a nurse that is new to fetal monitoring. The course will cover basic maternal and fetal physiology, nursing assessment of the maternal fetal status, standardized terminology as it applies to fetal heart rate pattern interpretation, interventions based on observed fetal heart rate tracings and essentials of clear and concise communication (both written and verbal) when discussing maternal fetal status. Also included is information related to legal implications of obstetrical care, EFM instrumentation, pathophysiology of fetal oxygenation, and antepartal testing.

**High Risk Obstetrics**  
\$40

This two day course is geared toward the labor and delivery novice nurse who is nearing the end of her clinical labor and delivery orientation. The instructor will cover the fundamentals of common complications of pregnancy, labor and delivery and OB emergencies. Maternal physiologic adaptations to pregnancy will be introduced and deviations from normal pregnancy values reviewed. Nursing assessment and nursing interventions will be discussed for such complications as pregnancy induced hypertension, diabetes, cardiac disease, preterm labor, DIC, placental abruption and previa, hemorrhage situations and assessment of fetal well-being.



**The Art of Labor Support**  
**“Mothering the Mother”**  
\$25

This course is geared toward the novice labor and delivery nurse or a nurse who wants a basic refresher on labor and delivery support. This class will introduce the concepts and importance of nursing support through out the labor and delivery process including providing physical and emotional comfort, education and reassurance. Emphasis will be put on breathing and relaxation techniques, conventional and non-conventional methods of pain management, optimal positioning for labor and delivery will also be presented. A review of what constitutes a “normal” primigravid and multigravid labors will be presented. Nursing interventions for normal and dysfunction labor will be introduced.

**RTS Bereavement Training**  
\$200.00; St.Vincent Health Associates \$100.00

This comprehensive two-day program provides insights, knowledge and hands-on experience to gain the skills necessary to interact with families experiencing perinatal loss. Participants hear directly from parents who have experienced a perinatal loss as well as from professionals who care for these families. Other topics covered include grief theory, interdisciplinary approaches, creating memories, follow-up procedures and strategies for intervention. Each participant receives a resource manual with current perinatal bereavement resources and standards of care for pregnancy loss, stillbirth and newborn death. The course is open to health professionals and others who care for parents experiencing perinatal loss.



**Neonatal Resuscitation Program**  
**Instructor Course**  
\$150

This course is for those who have a **current** NRP provider card and would like to teach NRP in their facility. Prerequisites for those wishing to become NRP Instructors are the following:

- A practicing MD, RN, RM, or RT
- Hospital / agency support
- Participants will need to purchase the NRP Instructor DVD, watch and review it (which may take several hours) and then bring the certificate of completion to the instructor course.

CE/CME Credits will be given upon successful completion of the course. DVD can be purchased on the American Academy of Pediatrics website at <http://www.aap.org/nrp/nrpmain.html>. More information regarding the new NRP instructor guidelines is available on the AAP website.

## Schedule of Classes

*Please arrive 15 minutes early for all classes.*

Classes:	Location	Date	Times
<b>Fetal Assessment/Monitoring</b> <b>\$25</b>	Women's Hospital – Classroom A	03/08/11 – Tuesday	8:00am – 4:00pm
	Women's Hospital – Classroom A	11/14/11 – Monday	8:00am – 4:00pm
<b>High Risk OB</b> <b>(2 day class)</b> <b>\$40</b>	Women's Hospital – Classroom A	03/31/11 – Thursday	8:00am – 3:00pm
		04/01/11 – Friday	8:00am – 12:00pm
	Women's Hospital – Classroom A	09/12/11 – Monday	8:00am – 3:00pm
		09/13/11 – Tuesday	8:00am – 12:00pm
<b>RTS/Infant Loss Training</b> <b>(2 day class)</b> <b>\$100.00-\$200.00</b>	Women's Hospital – Classroom A	03/03/11 – Thursday	8:00am – 4:00pm
		03/04/11 – Friday	8:00am – 4:00pm
	Women's Hospital – Classroom A	09/29/11 – Thursday	8:00am – 4:00pm
		09/30/11 – Friday	8:00am – 4:00pm
<b>AWHONN Instructor Course</b> <b>\$220.00</b>	Women's Hospital – Classroom A	01/28/11 – Friday	8:00am – 4:30pm
<i>**Please email Beth McIntire at <a href="mailto:eamcint@stvincent.org">eamcint@stvincent.org</a> to register. <b>Do not call Care Line to register.</b></i>			
<b>AWHONN Intermediate Fetal Monitoring (2 day class)</b> <b>\$135.00</b> <b>Includes:</b> <b>AWHONN student packet and lunch</b>	Women's Hospital – Residents Class	03/17/11 – Thursday	8:00am – 4:30pm
		03/18/11 – Friday	8:00am – 4:30pm
	Women's Hospital – Residents Class	10/10/11 – Monday	8:00am – 4:30pm
		10/11/11 – Tuesday	8:00am – 4:30pm
<b>AWHONN Advanced Fetal Monitoring</b> <b>\$110.00</b> <b>Includes:</b> <b>AWHONN student packet and lunch</b>	Women's Hospital – Classroom A	01/31/11 – Monday	8:00am – 4:30pm
	Women's Hospital – Classroom A	04/28/11 – Thursday	8:00am – 4:30pm
	Women's Hospital – Classroom A	08/12/11 – Friday	8:00am – 4:30pm
	Women's Hospital – Classroom A	12/13/11 – Tuesday	8:00am – 4:30pm
<b>Cardiac S.T.A.B.L.E.</b> <b>\$40 if participant needs a book</b> <b>\$10 if participant has a book</b>	Women's Hospital – Classroom A	04/07/11 – Thursday	8:00am – 12:00pm
	Women's Hospital – Classroom A	11/10/11 – Thursday	1:00pm – 5:00pm
<b>Gestational Age Cardiac S.T.A.B.L.E.</b> <b>\$20.00</b>	Women's Hospital – Classroom A	04/07/11 – Thursday	1:00pm – 5:00pm
	Women's Hospital – Classroom A	11/10/11 – Thursday	8:00am – 12:00pm
<b>Learner S.T.A.B.L.E.</b> <b>\$15 if participant has a book</b> <b>\$60 if participant needs a book</b>	Women's Hospital – Classroom A	02/04/11 – Friday	8:00am – 4:30pm
	Women's Hospital – Classroom A	05/16/11 – Monday	8:00am – 4:30pm
	Women's Hospital – Classroom A	11/04/11 – Friday	8:00am – 4:30pm
<b>Neonatal Resuscitation Program Instructor Course</b> <b>\$150</b>	Women's Hospital – Classroom A	06/17/11 – Friday	8:00am – 3:00pm
<b>The Art of Labor Support</b> <b>"Support Mothering the Mother"</b> <b>\$25</b>	Women's Hospital – Classroom A	05/05/11 – Thursday	8:00am – 4:30pm
	Women's Hospital – Classroom A	11/03/11 – Thursday	8:00am – 4:30pm

The Spirit of Caring is alive at St.Vincent, represented by the three doves of our logo, flying proudly in an integrated formation, depicting the three aspects of holistic healing —body, mind and spirit. We strive to deliver to our patients and families extraordinary patient care every day, with the three doves as our guiding symbol.

**As a member of Ascension Health and St.Vincent Health, we are called to:**

**Service of the Poor**

Generosity of spirit for persons most in need

**Reverence**

Respect and compassion for the dignity and diversity of life

**Integrity**

Inspiring trust through personal leadership

**Wisdom**

Integrating excellence and stewardship

**Creativity**

Courageous innovation

**Dedication**

Affirming the hope and joy of our ministry

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