

MONOGRAM MATERNITY
PROUDLY PRESENTS



Beautiful Beginnings: Your Pregnancy Primer

A free event for expecting and soon-to-be-expecting mothers.

If you're anticipating a new baby, you know how hard it can be to track down all of the information you need. At Beautiful Beginnings, we make it easy by bringing pregnancy and healthcare experts together in one convenient place, just for you.

It's an evening dedicated to education, resources and fun. Come enjoy mocktails and appetizers, enter to win prizes, and get the information you need about your upcoming birthing experience at Beautiful Beginnings. And don't forget to invite your partner or a friend!

WHAT:

A free event with info on everything you need to know to prepare your body, mind and spirit for delivery and beyond, including:

- Info on classes and programs offered through St.Vincent
- An overview of your hospital stay including comfort options
- Advice from our healthcare team including an Obstetrician, Labor Room Nurse, Pediatrician, Lactation Consultant and more
- Tips on staying fit during pregnancy

All those in attendance will be entered to win door prizes valued up to \$200, including free massages, classes AND MORE!

Visit MonogramMaternity.com for more information and to RSVP.

WHEN:
Monthly

WHERE:

Cafe Patachou

8697 River Crossing Blvd.
Indianapolis, IN
(Near Keystone at the Crossing)

OR

St.Vincent Carmel

Women's Center

13420 N. Meridian St., Entrance 3
Carmel, IN

OR

St.Vincent Fishers

Pathway Cafe
13861 Olio Rd.
Fishers, IN



St. Vincent