



Caregiver Support Group

Presented by:
Alzheimer's Association
Greater Indiana Chapter

Indianapolis Northwest

Heather Glenn Building #1, Suite L
8424 Naab Road
Indianapolis, IN 46260

First Wednesday @ 6 PM

Visit alz.org/indiana to learn more about caregiver programs and resources. To further extend your network of support, visit ALZConnected®, our inline community, at alzconnected.org.

Build a support system with people who understand.

Alzheimer's Association® caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to:

- Develop a support system
- Exchange practical information on caregiving challenges and possible solutions
- Talk through issues and ways of coping
- Share feelings, needs and concerns
- Learn about community resources