

## Reflections on Ascension St. Vincent Primary Care Track Experiences from a Few Alumni

### **Adeola Oviawe 2019**

Primary Care Internist at Community Health Network in Noblesville IN

Having a mentor that I worked with regularly was a great experience and prepared me for the outpatient world.

I'm grateful for having the opportunity to train at Ascension St Vincent. My experiences at St V helped me grow into the physician I am today. The staff at the primary care clinic were accommodating and understanding which helps make clinic time efficient. I truly enjoyed serving the patient population at the (continuity) clinic.

### **Staci Hollar 2015**

Geriatrician at Ascension St. Vincent Center for Healthy Aging in Indianapolis, IN

I had the good fortune to be able to do one of my community based training experiences in the nursing home setting which is an experience I would not otherwise have gotten to have through internal medicine residency.

I was able to do a research project with our amazing pharmacy staff that allowed me to look at medication safety in older adults.

I feel fortunate that I was able to train in a program that fostered my interest in geriatrics, and the primary care track allowed me the flexibility to pursue this interest more thoroughly while in training. A career in outpatient medicine has allowed me to care for frail older adults in a variety of settings. Not only do I enjoy my career, but working in this setting has allowed me to have work-life balance that I think would have been difficult for me to achieve in other types of medicine. I think the primary care track ultimately helped reinforce that I was pursuing the right path in medicine for me.

### **Kristen Irwin 2014**

Primary Care Internist with Hancock Regional Hospital in McCordsville, IN

Looking back, I would again choose the Ascension St. Vincent Primary Care Tract as it has prepared me well to confidently manage and care for patients.

During residency, I managed my own panel of patients and there were many opportunities to spend time at various specialty offices to gain further insight.

### **Samantha Bouchie 2012**

Primary Care Internist at Internal Medicine Care, Community Health Network in Noblesville, IN

The ambulatory training I received as part of the Primary Care Track helped me by providing mentors that were able to speak more to the challenges and joys of outpatient medicine.

One of the strengths of the primary care experience at St. Vincent is the diverse patient population, and with that, the diverse population of diseases seen. The training I received was second to none. The ambulatory team that supported me in residency was also crucial in my training--from the pharmacists, to the nurses, and of course my colleagues.

I was proficient in joint injections and skin biopsies which have been pivotal to supporting my primary care practice.

Ascension St. Vincent and the Primary Care Track were truly the reason I chose outpatient practice. The strong community based training program allowed me a structured, challenging, and diverse experience that fostered relationships that have lasted and supported me in the first decade of my career.