

Thank you!

We at the St. Vincent Cancer Genetics Risk Assessment Program want to help you manage your surveillance to best protect yourself from cancer. We appreciate your time and your input! Our hope is that the SNAP BRCA will help BRCA1 and BRCA2 mutation carriers manage their surveillance and cancer prevention options and more women will receive the care they need!

**No personal identifying information will be collected in the surveys and no information will be collected directly from the application itself. All information that the application stores is private and for the participant's personal use.*

***The e-mail address that you provide will be used only for survey and application distribution.*



The Spirit of Caring is alive at St. Vincent, represented by the three doves of our logo, flying proudly in an integrated formation, depicting the three aspects of holistic healing — body, mind and spirit. We strive to deliver to our patients and families extraordinary patient care every day, with the three doves as our guiding symbol.

As a member of St. Vincent and Ascension Health, we are called to:

Service of the Poor

Generosity of spirit, especially for persons most in need.

Reverence

Respect and compassion for the dignity and diversity of life.

Integrity

Inspiring trust through personal leadership.

Wisdom

Integrating excellence and stewardship.

Creativity

Courageous innovation.

Dedication

Affirming the hope and joy of our ministry.

If you have any questions, please feel free to contact:

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St. Vincent
Cancer Care

BRCA
snap

scheduling • necessary • advised • procedures



Evaluation of Screening Management iPhone App for BRCA Mutation Carriers

Research Participant Information



St. Vincent
Cancer Care

A New iPhone App Developed for You!

The App: SNAP BRCA

The Research Study

As you know, individuals with a mutation in the *BRCA1* or *BRCA2* genes are at an increased risk to develop many different types of cancer. As a result, additional surveillance for breast cancer such as mammograms and breast MRIs are recommended and often there are many appointments with specialists regarding your health.

It may be difficult to keep up with the frequency of recommended appointments with multiple healthcare providers for surveillance and related concerns. We have developed an iPhone application (app) that will help you remember to schedule and attend these life-saving appointments.

The Scheduling Necessary Advised Procedures (SNAP) BRCA iPhone app is a patient-centered, interactive tracking tool that allows you to input information and receive reminders regarding your surveillance.



SNAP BRCA

Participants Needed!

As part of a research study, we are currently looking for volunteers to provide feedback on how helpful SNAP BRCA is at assisting you with managing your appointments and procedures.

How the app works

Information about your age, personal cancer history, and surgical history is entered into the app, which is stored locally only on your device. You will also indicate your preferences about being reminded of optional procedures and discussions about preventative surgery, such as removal of the ovaries and fallopian tubes, and certain medications that can lower the risk of developing cancer, such as tamoxifen.

SNAP BRCA will prompt you to schedule appointments and procedures, based on published guidelines for BRCA carriers.

The app will remind you:

- If an appointment needs to be scheduled for:
 - Mammogram
 - Breast MRI
 - Clinical breast exam
 - CA-125 blood draw
 - Transvaginal ultrasound
 - GYN exam
- Once an appointment is scheduled the app will:
 - Remind you when your appointment is approaching
 - Allow you to track completed procedures and appointments
- If you expressed interest in preventative surgical options:
 - Reminds you to address them during the upcoming appointment.

To see a video walk-through demonstration of the SNAP BRCA app, please visit the St. Vincent Cancer Genetics website: www.stvincent.org/cancergenetics/

We want to determine if this application is effective for helping BRCA gene mutation carriers manage and attend their appointments and procedures.

Who Are We Looking For?

Women who:

- Carry a *BRCA1* or *BRCA2* mutation
- Have at least one breast and/or at least one ovary
- Are at least 18 years old
- Have an iPhone

What Do I Have To Do?

Study participation requires the completion of two anonymous surveys* and use of the app for 18 months.

- The first survey is taken prior to the study and can be accessed through this link: <https://www.surveymonkey.com/r/SNAPintro>
- After the survey is completed, an access code and directions for a free download of the app will be sent to the e-mail address** you provide.
- A second survey link will be e-mailed to you 18 months later.

This study has been approved by the St. Vincent IRB # R2013-048.

